Selecting a Confirmation Saint Name

As a candidate for Confirmation, you are asked to choose a Confirmation name. This name should be one in accordance with the Christian spirit. It is the custom to choose a saint's name. The name of the saint you choose should have some personal meaning to you, so please take the time to do some research to find the saint with whom you connect. The name of the saint that you choose will represent the direction your faith life is taking or will represent a strength or attribute you feel you need.

There are so many wonderful saints who were amazing witnesses of their faith in God and may be inspiring to you. After choosing your saint name, please write and submit a one-page response including the following:

- Description of the life of the saint chosen
- Reasons why you chose this saint
- How you are inspired by this person
- The faith attributes you most admire about this saint

Please submit your response no later than our February class.

Other Resources for Choosing a Saint

As a part of your preparation to receive the Sacrament of Confirmation, you have the privilege and responsibility, just like your parents did when you were born, to choose a name.

Your name gives you an identity; it tells others who you are.

Throughout our lives, we will identify ourselves with many names- the nick name given to us by our family, the name of the mascot of our school, the title of the career we choose. However, in baptism your parents stood before God and our community and gave you a new identity a Catholic Christian. At your Baptism, you were given name, and christened to become a child of God. You entered into the Catholic community by name. Now it is your turn to choose a saint and subsequently a new name!

The saint's name you choose should have some personal meaning to you, so please take time to do some research to find the saint with whom you connect. There are so many wonderful saints who were amazing witnesses of their faith in God and may be inspiring to you. After choosing your saint name, please write a one-page response. Details can be found on the Choose a Saint paperwork located on the bottom of the first page of the confirmation menu.

The internet is a great tool to research the saints. You can Google a saint name, just be sure you check the source (is it Catholic?). Please do not use Wikipedia.

Some sources that you can use include:

https://catholicsaints.info/
https://www.catholic.org/saints/
http://www.catholic-saints.info/

https://www.youtube.com/c/CatholicOnlineMedia/featured - scroll down to review Saint of the Day section to view video library.

https://lifeteen.com/blog/biggest-best-list-confirmation-saints-guys-girls/