

SELF-REFLECTION ESSAY

Upon Confirmation, each of you will be asked to choose a Saint name. At Baptism, your parents presented you to the church using the name your parents chose for you. But now you get to choose your own special Confirmation name attesting to your new status within the Catholic Church as you consciously and fully unite yourself to the mission of Jesus Christ in the world.

Self-Reflection Essay Guidelines:

There are many wonderful Saint names with various backgrounds, trials and tribulations. To help you decide on the best Saint name for yourself we ask that each of you complete a one-page essay answering one of the following questions:

1. What physical or mental obstacle have you overcome? How has this impacted your life?
2. What challenge or difficult life situation in your life did you have to navigate? How has this impacted your life?
3. Reflect on how you have grown and matured in your Catholic faith or as a person? How did that growth come about?

The **DUE DATE** for this essay is **NOVEMBER 5**, please bring to class to hand in.