Gifts of the Holy Spirit

Opening prayer

Christ has no body but yours. No hands, no feet on earth but yours. Yours are the eyes with which he looks with compassion on this world. Yours are the feet with which he walks to do good. Yours are the hands with which he blesses all the world. Yours are the hands, yours are the feet. Yours are the eyes, you are his body… - St. Teresa of Avila (1515–1582)

To live this call, we need certain traits or qualities. What would happen if you allowed yourself to become the person God created you to be? Through Confirmation we are not only sealed as followers of Christ, but we publicly claim this faith as our own! As a bonus the gifts of the Holy Spirit that were bestowed upon you through baptism are fortified. These are the tools or fuel you will need for your faith journey.

This month we will explore the gifts of the Holy Spirit and the sacrament of Confirmation. Why do I need to be confirmed? You may be wondering what is in it for me . . . let’s begin with what it is.

**ENCOUNTER** - Watch the video on Confirmation to get a basic overview of the sacrament then choose either the video by Dynamic Catholic or Ascension Press on the gifts of the Holy Spirit.

Busted Halo video on Confirmation

[https://www.youtube.com/watch?v=Qt32SyDWuW8[]p0o987654](https://www.youtube.com/watch?v=Qt32SyDWuW8%5b%5dp0o987654)

Think back to the questions that were asked of your Godparents and parents. They stood before God and this community stating their intention that you would be a follower of Jesus Christ. Look over the questions below, with answers taken from Creighton University, and see what your parents want for you. Just as we renew our baptismal promises every Lent, on Confirmation you will publicly affirm the this is your faith, by renewing your baptismal promises.

Do you renounce sin,  
so as to live in the freedom of the children of God?

I do.

*Lord, all I want to do is live in the freedom you offer me.*  
*I want to reject the unloving choices I have made,*  
*and the sinful failures to love anywhere in my life. I reject*

*all injustice, all violence all that disrespects the*

*dignity of life.*

Do you reject the lure of evil,  
so that sin may have no mastery over you?

I do.

*Lord, I admit that some evil has a hold on me:*  
*it is attractive, it has such powerful rewards,*  
*it has become a habitual way for me to be myself.*  
*Lord, I renew my commitment this day*  
*to turn from that evil*  
*and from letting any disordered attachment,*  
*any empty promises master me,*  
*and try to separate me from you.*  
*By this promise, I commit myself*  
*to greater courage in acting justly.*

Do you reject Satan and all his empty promises?

I do.

*Lord, as I renew the promises*  
*that accompany my becoming one with you*  
*in the baptism of dying to sin and rising to life,*  
*I renew my commitment*  
*to reject Satan,* *and all his ways.*

Do you believe in God, the Father almighty,  
creator of heaven and earth?

I do.

*Lord, you made me and give me life every day.*  
*I believe in you, I turn to you,*  
*and I place my life,*  
*and the graces I need each day,*  
*in your loving hands.*

Do you believe in Jesus Christ,  
his only Son, our Lord,  
who was born of the Virgin Mary,  
suffered death and was buried,  
rose again from the dead,  
and is seated at the right hand of the Father?

I do.

*Jesus, my Lord and Savior,*  
*my life is in your hands.*  
*I believe in you, I turn to you,*  
*I commit myself to growing closer to you,*  
*placing myself with you,*  
*in love - compassionate, self-sacrificing love -*  
*for others.*

Do you believe in the Holy Spirit,  
the Holy Catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting?

I do.

*I believe in and renew my commitment to*  
*your work among us.*  
*I want to contribute to the unity that you desire for us.*  
*I promise to be merciful,*  
*for I have known your mercy.*   
*God, the all-powerful Father of*

*Our Lord Jesus Christ has given us a new*

*birth by water and the Holy Spirit,*

*and has forgiven all our sins.*

*May he also keep us faithful to*

*our Lord Jesus Christ for ever and ever.*

Now that you have been reminded of what we commit at baptism watch either the Dynamic Catholic or The Chosen video on the gifts of the Holy Spirit.

Gifts of the Holy Spirit – Dynamic Catholic

https://www.youtube.com/watch?v=o-GH0D5AlLc

Gifts of the Holy Spirit – Chosen (watch both parts 1 and 2)

<https://www.youtube.com/watch?v=-8cenaBXN6Y>

<https://www.youtube.com/watch?v=lT1gflq3SQE>

**ENGAGE**

Read:

<https://www.biblegateway.com/passage/?search=1+Corinthians+12&version=NABRE>

After watching the videos and reading this passage,

What gifts has God given you?

Which of the gifts of the Holy Spirit do you utilize as a teen?

Open the small envelop in your “gift” and write on the back of at least four of the gifts cards a time when you used that particular gift or how teens use/need this gift today.

**EMBRACE**

Use your gifts to help others. This month try to do at least two of the following:

Start a family gratitude jar and focus this month on the many gifts God has given you. Click here for ideas.

Pray each morning or evening thanking God for your many blessings.

Reach out to someone via snail mail. Send a card to a grandparent, parent, friend, cousin, coach and let them know you are thinking of them.

Make 25 inserts for our lunch bags for House of Bread wishing people a nice day.

Take the time to have dinner with your family and ask the questions below or make up additional questions for your family to answer based on the gifts of the Holy Spirit like: What would you like to be more knowledgeable about? When were you courageous? When were you closest to God? Who is the wisest person you know and why?

Make sandwiches for House of Bread – coordinate with Mrs. O’Neill for supplies or to pick up sandwiches you and your family make with your own supplies.

Gather with family and make some boxes for Operation Christmas Child – due to the church the Sunday before Thanksgiving.

**Family Conversation Starters**

What was the best gift you ever received and who gave it to you?

Why was this gift so important to you?

What was the most helpful gift you ever received?

Which of the gifts of the Holy Spirit do you think you need the most?

Pick one of the gifts of the Holy Spirit and share how you currently use it and why it is important.

***Come, Holy Spirit, fill the hearts of Your faithful and kindle in them the fire of Your love. Send forth Your Spirit and they shall be created. And You shall renew the face of the earth. O, God Who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy Your consolations. Through Christ our Lord. Amen.***

Playlist within a playlist

We are by Kari Jobe

<https://www.youtube.com/watch?v=omiQY_TYd78>

Courageous by Casting Crowns

https://www.youtube.com/watch?v=4eij3M3XZCo

Ordinary Miracle by Sarah McLachlan

https://www.youtube.com/watch?v=bqZE4ZDnAkQ

Humble and Kind by Tim McGraw

<https://www.youtube.com/watch?v=awzNHuGqoMc>

Brave by Sara Bareielles

<https://www.youtube.com/watch?v=QUQsqBqxoR4>